

New People Leader Coaching

For Aspiring, New, and Growing People Leaders

The support for the biggest jump in your career

Who it's for

People moving into people leadership at any stage — aspiring to the role, brand new to it, or already leading and looking to grow further.

Why this matters

Becoming a people leader for the first time is one of the biggest jumps in anyone's career — and there's no real in-between. One day you're a subject matter expert, doing the work yourself. The next, you're responsible for coaching someone else to do it. It's one of the most stressful transitions a career has, but get the support right, and what you invest comes back tenfold — in stronger performance, faster development, and a lot less stress along the way.

This coaching meets you wherever you are: aspiring to a people-leadership role and building the skills to be ready when one opens, brand new to leading a team and figuring out the shift from doing to coaching, or already leading and looking to keep growing.

How it works

- 1. We talk** — a conversation about where you are — aspiring, new, or growing into the role
- 2. We set your direction** — together, we define what to focus on right now
- 3. We build your plan** — a stackable approach, one action at a time
- 4. We keep going** — regular sessions to keep momentum as you grow into the role

What you'll walk away with

- ✓ Honest, unfiltered feedback — no sugar-coating, ever
- ✓ The shift from doing to coaching, practiced in real time
- ✓ A stackable action plan — concrete steps that build on each other
- ✓ A coach in your corner for as long as you need one

Format: single sessions, packages, or ongoing support — whatever fits you. Pricing and format are shared after your first conversation.

What happens next

Ready to start? Email us to set up a conversation.

Email us to get started

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